# Safety

Riders are required to follow traffic laws including but not limited to stopping at stop signs and riding on the right side of the road. Riders will all be required to wear helmets. Rider's bikes should be equipped with rear tail lights or riders need to wear hi-vis clothing. RIders are responsible for making sure their bikes are safe to race including checking braking capabilities and tire configuration. You are also required to have a form of navigation on the bike with you at all times. GPS, Cues or maps but you cannot rely on the signage of the course. In the event of an emergency call 911, if you are unable to continue but are not in danger call the number on the front of your race number.

# Bike Types

A rider can use any type of bike in the race except an E-Bike. In the case of an E-bike only category you may use one only then.

# Aid

Riders may accept aid at aid stations only. No mechanical assistance will be available on course, if it breaks you fix it yourself. If you have a crew helping they can meet you at one of the 3 designated aid stations but not outside of those locations. Anyone not following these guidelines will be disqualified.

### 8 Hour Award

In order to receive a Driftless branding iron you must:

- 1. Follow the official course including going by aid stations
- 2. Use a human powered bike
- 3. Start with the group at 8:00AM
- 4. Finish with a *chip* time of 8:00:00 or less

If you take a wrong turn you have to get back onto the course from where you lost the route. If you take any shortcuts you will be disqualified.

### **Rider Etiquette**

Littering is not tolerated on our course. This is our home so please pocket the wrappers and used gels as best you can. If you intentionally crash out a rider you will also be removed from the race. This is a race against the clock, not each other. There is no cash prize for winning this race so there is no reason to put someone else's race in jeopardy.